

BreakthruFitness

Voted to LA WEEKLY'S list of top 10 gyms in Los Angeles

WE'RE PASADENA'S DESTINATION FOR THE BEST IN
GROUP FITNESS WORKOUTS, SPIN, PILATES,
YOGA, ZUMBA, PERSONAL TRAINING, NUTRITIONAL
COACHING AND SO MUCH MORE.

7days

to a new you...

...get the body and confidence that
comes from being a fitter, leaner you!
Enjoy a **FREE 7-day membership***
and find out why we're "all that."

*bring this pass to redeem - one time use

Breakthru: plateaus. hang-ups. limitations. excuses. inhibitions. obstacles.



We offer "all that" you need to:

- transform your body • lose weight • improve your body and mind • elevate your athletic ability • maximize results •

Breakthru Fitness

located at: 345 South Lake Ave in Pasadena breakthrufitness.com

626.396.1700